

# PRINCIPLES AND RULES OF THE TRAINING

## **Innovative Facilitating**

Andrew Barnes, Founder and Principal Participant of AwakeningWithin FDN. Andrew Barnes' worldview encourages us beyond the usual ways of enhancing our life experience. He draws from his wide-ranging experiences, bringing a distinctive presence, clarity, and approach to a broad array of topics. In addition to more conceptual themes, he addresses daily issues: sexuality, pleasure, relationships, love, communication, behavioural patterns, vocation, and health. With sensitivity, he shares his insights with warmth and at times with irreverence, and a sense of humour.

Andrew has a Master of Health Science (Sexual Health) from the University of Sydney, five diplomas in different styles of bodywork and energy healing. Since 1997 Andrew has been facilitating sexuality and bodywork seminars, courses, retreats, and coaching sessions in 46 countries. He is the author of the book Relationship Tantra and the co-author of the book Heart of the Flower – the book of yonis. However, he attributes his greatest learning's to a profound awakening experiences at 22 years of age, his many life experiences, and the wisdom and guidance of the many mentors and teachers he has had from around the world since 1993. These men and women have enriched his path, expanding, challenging, and kicking his ass in immeasurable ways.

Andrew now supports others to find their inner truth and experience dynamic transformation in their own lives. He supports people to become more aware of the unconscious beliefs and behaviours of relationships, sexuality, and social disempowerment, how this can affect our ability to love without fear, and lower the vibrational frequency of the body. He shows how we can use our sexual energy as a spiritual platform for creating bliss states for healing, raising consciousness, and creating abundance/prosperity...

Andrew does not proclaim to be a teacher, counsellor, therapist, guru or enlightened. Rather, as a simple man, preferring to share his life experience and what he's learnt along the way. Passionately, he supports others to become aware how they give their power away to authority figures. Along with how they can begin to empower themselves and live more authentically through developing communication and boundary setting skills, even around people in perceived positions of power. Andrew is a member of the Golden Key International Honour Society, since 2009. Membership is only available to the top 15% of undergraduate and postgraduate University students worldwide. [www.goldenkey.org](http://www.goldenkey.org)

## **Recognition of Prior Learning**

Given how unique this coaching program is, recognition of prior learning is not available (even if you have completed AwakeningWithin Foundation programs in the past). Although all past experience and previous study will definitely support your learning and practice.

## **For Coaching Sessions Only**

By participating in this event, you're agreeing to only use the concepts, knowledge, skills, and practices shown during the Advanced Sexuality Training For Female Sexuality Coaches for personal use, and during individual and couples sessions. You also agree that you will not facilitate training courses or personal development retreats using any of the materials from the training program.

## **Assessments**

All learners will be required to demonstrate competency throughout the coaching program. Assessment is based on assignment work, practical aptitude, class participation and learners attitude. Some training programs are delivered holistically and subjects may be clustered together into training programs to avoid repeat assessments. AwakeningWithin Foundation reserves the right to withhold approval if a learner is not yet competent in any subject/s in the training program. Learners will be able to repeat subjects (at their own expense) until they are competent, then approval will be granted.

## **Complaints and appeals**

AwakeningWithin Foundation guidelines regarding complaints and appeals ensure respect for the rights and responsibilities for all. The guidelines and procedures allow you to obtain natural justice as a sovereign being. You have the right to make an appeal or lodge a grievance without penalty or reprisal of any form.

## **Learner Support and Literacy**

If you have any literacy and numeracy or learning problems, please tell us about these prior to enrolling so that we may assist you to be successful in your learning. It may require you to complete an external literacy and numeracy course before commencing the program. Completing work by distance or flexible learning does require you to become an independent learner. If you require assistance to keep up, we will support you by way of being paired up with a 'study buddy'. However, to reiterate, this is a course for adults and adults are primarily self-motivated.

## **Your Health**

The retreat will be providing nutritious vegan food. Please contact us if you have any special dietary requirements or food allergies.

Practicing as a Tantric Sexuality and Relationship Coach does require you to maintain a reasonable level of physical stamina and fitness. It would be wise to alert AwakeningWithin Foundation to any physical limitations you may have so that we can ensure that you are assisted to manage your own health needs during training. If you have any doubts whether your condition would preclude you from undertaking the practical aspects of the course, you should discuss this with your medical practitioner and the AwakeningWithin Foundation.

AwakeningWithin Foundation events should not be taken to deal with a physical, mental, or emotional problem from a medical perspective and so you should be clear and understand that no portion of the AwakeningWithin Foundation event is delivered or supervised by medical professionals. And that you understand that this event is not meant to replace competent medical advice for medical or psychological issues.

## **Welfare and Guidance**

AwakeningWithin Foundation is committed to providing learners requiring additional support, advice or assistance whilst training. To achieve this, and to ensure quality delivery of training and education, we can arrange various levels of support coaching at an additional cost. Should you ever need to discuss these options with AwakeningWithin Foundation, you can be assured of full privacy and confidentiality.

## **Access and Equity**

At AwakeningWithin Foundation we maintain guidelines for access and equity, which covers equal opportunity and anti-discrimination. It is prohibited to discriminate against any person (facilitators or learners) in regards to the following issues; age, physical appearance, gender, pregnancy, sexual preference, marital status or religion.

## **Conduct and Etiquette**

Any learner enrolled at the AwakeningWithin Foundation is expected to behave in a harmonious and dignified manner with regard to participants, fellow learners, coaches and facilitators and all members of the foundation. A learner may be asked to discontinue their studies if they have not complied with the AwakeningWithin Foundation guidelines; not satisfied assessment requirements or has been disrespectful or inappropriate to participant's fellow learners, coaches or facilitators, and all members of the foundation.

## **Self-responsibility**

I fully understand and comprehend that I am responsible for setting my own boundaries of what will happen to me during the course, and using verbal dialogue to communicate my boundaries clearly throughout the AwakeningWithin Foundation training. And that if I choose to change my boundaries with verbal communication at anytime during the training that I am responsible for doing that.